



## Security

Safety - refuge, sanctuary, safe keeping  
Safety measures - defense, protection, precautions  
Confidence - well being, self-assurance, self-confidence

Security is a word that seems to come up a lot as I work with clients these days. Particularly job security. People seem to fall into one of three categories. There are the 'It will never happen to me' folks that still seem to feel pretty secure. No network, nothing different - yet. There are the 'What if it happens to me?' folks that look at unemployment and think they may well be next. Many of these folks are fearful and paralyzed. Then there are the 'What the heck happened?' folks that never, ever expected to be in transition. Now financial security, relationship security and every other type of security is top of mind to them.

As I look at the three categories of words the Thesaurus came up with for 'Security' - safety, safety measures and confidence - it dawns on me that there is a lot people can do to create their own security.

We protect and secure what we value. We protect ourselves by staying out of unsafe areas; We protect our kids by taking them to and from school; We protect our homes and cars by locking the doors and using alarms. Yet what do we proactively do to create our own job security or relationship security?

Companies downsize. Some fail. Some are acquired. Bosses leave. Good

people lose their jobs. Job security may be less common these days, but why not focus on CAREER SECURITY? You may not call all the shots at your work, but you can be the CEO of YOU! What are your short and long-term plans. What risks do you need to manage? What are you doing to develop your brand, increase your marketability, develop new skills, invest in yourself and grow your value? How can you create your own career security?

Stressful times also cause stress in relationships. What are you doing proactively to protect your relationships with those who are important to you? What 'safety measures' can you put in place. What can you do to increase your 'confidence' around important relationships?

Security is easiest to maintain when we are proactive rather than reactive. Be purposeful, deliberate and intentional about creating career security and relationship security.

I hope this gave you some food for thought.

**IF YOU KNOW OF SOMEONE WHO IS IN TRANSITION, that you would like to help, please feel free to forward this newsletter and information about the Symposium below.**

## **Announcements**

Check out our 'Energizing Your Search - An Advanced Career Transition Symposium for Executives' event on November 11, 2009. A full day with three premier executive coaches.

[http://allstarexecutivecoaching.com/execunet\\_symposium](http://allstarexecutivecoaching.com/execunet_symposium)

**Please feel free to spread the word to those great people you know who are in transition.**